

2villages Learning Guide



OUR APPROACH

At 2villages, we believe every behavior has a story. Our workshops are built around the SOLVE Framework: a practical, evidence-informed approach that combines Positive Discipline, executive functioning, neuroscience, disability-informed parenting, and lived experience to help caregivers respond with confidence and intention.

Every training provides practical strategies you can start using right away and a community that reminds you you're not doing this alone.

✓ Introduction to the SOLVE Framework

FREE • 60 MINUTES

Discover a new way of understanding behavior and learn how the SOLVE Framework can transform the way you support children.

- Why behavior is communication
- What may be driving challenging behaviors
- An introduction to the SOLVE Framework

✓ New Diagnosis? Start Here

FREE • 90 MINUTES

For families in the first year after a diagnosis. A gentle, practical first step: what the diagnosis does and doesn't mean, the feelings that come with it, the first three supports to put in place, and where to find your people.

- You're allowed to grieve AND celebrate your child
- First supports: routines, communication, your village
- A map of what help exists and how to reach it

GET IN TOUCH



1-720-725-1727



www.2villages.life



carole@2villages.life



[@2villages.life](https://www.instagram.com/2villages.life)

JOIN OUR MAILING LIST

Scan me



2villages Learning Guide



SIGNATURE SERIES

✓ The SOLVE Parenting Series 6-WEEK INTERACTIVE WORKSHOP

Our signature training designed to help caregivers move beyond reacting to behavior and toward understanding, teaching, and building lifelong skills.

You leave with a personal SOLVE plan for your family's biggest challenge and the skills to build the next one yourself.

Part 1: Understanding Your Child

Learn to see beyond the behavior. Discover how connection, emotions, brain development, and behavior work together so you can respond with greater understanding and intention.

Part 2: Build Lifelong Skills

Teach the skills that matter for life. Learn how to foster confidence, executive functioning, independence, and intrinsic motivation while strengthening your relationship.

Part 3: Apply with Confidence

Turn knowledge into action. Use the 2villages SOLVE Framework to thoughtfully work through everyday parenting challenges and choose strategies that support your child's unique strengths and needs.

✓ Supporting The Disability at Home 6-WEEK INTERACTIVE WORKSHOP

Our second signature series; the companion to SOLVE. SOLVE teaches you how to think about behavior; this series teaches you what to do at home, across the whole child and the whole family. Built for parents and caregivers of children with disabilities, taught from lived experience.

•**The Caregiver's Journey:** grieving a diagnosis, adjusting expectations, building your tribe

•**Supporting the Mind:** mental health, anxiety, masking & burnout

•**Supporting the Voice:** communication at every stage, including AAC and non-speaking supports

•**Supporting the Body:** bringing OT & PT goals into everyday routines

•**Opening Every Door:** exploring complementary supports safely

•**Supporting the Heart:** friendship and belonging through a neurodiversity lens

•**Supporting the Family:** siblings, fairness, and talking about disability

GET
IN
TOUCH

☎ 1-720-725-1727
🌐 www.2villages.life
✉ carole@2villages.life
📷 @2villages.life

JOIN OUR MAILING LIST

Scan me



2villages Learning Guide



SPECIALIZED WORKSHOPS

Choose a single topic or combine workshops to create a customized learning experience. Available as 2-hour, 4-hour, or full-day trainings, tailored to the needs of your audience.

UNDERSTANDING & RESPONDING TO BEHAVIOR

- ✓ **Understanding Behavior**
Look beyond the behavior to understand what children are communicating and how to respond effectively.
- ✓ **Positive Discipline in Real Life**
Learn practical strategies that build connection, teach responsibility, and reduce power struggles.
- ✓ **Emotional Regulation**
Help children manage big emotions while strengthening your own ability to stay calm and connected.
- ✓ **Anxiety Through a Disability Lens**
See the anxiety underneath behavior. Understand masking and burnout, learn the middle path between accommodating and pushing.

BUILDING SKILLS & INDEPENDENCE

- ✓ **Executive Functioning**
Support organization, planning, emotional regulation, flexibility, and independence through practical everyday strategies.
- ✓ **Communication & Collaboration**
Build stronger relationships through effective communication, curiosity questions, and problem solving together.
- ✓ **When Words Are Hard**
For families of children with limited or emerging speech. The four stages of communication, everyday strategies that build language without pressure.
- ✓ **Bringing Therapy Home**
Understand what your child's OT and PT are building and learn to hide that work inside chores, cooking, and play.

GET
IN
TOUCH

☎ 1-720-725-1727
🌐 www.2villages.life
✉ carole@2villages.life
📷 [@2villages.life](https://www.instagram.com/2villages.life)

JOIN OUR MAILING LIST

Scan me



2villages Learning Guide



SPECIALIZED WORKSHOPS

Choose a single topic or combine workshops to create a customized learning experience. Available as 2-hour, 4-hour, or full-day trainings, tailored to the needs of your audience.

FAMILY & COMMUNITY

- ✓ **Family Dynamics**
Strengthen family relationships through routines, teamwork, shared problem solving, and connection.
- ✓ **Siblings: The Other Children**
Support the siblings of children with disabilities and learn how to make sure every child in your home feels seen.
- ✓ **Friendship & Belonging**
Build real social connection through a neurodiversity lens: interest-based friendships, structured playdates, inclusive programs, and teaching self-advocacy.
- ✓ **IEPs & Advocacy**
From your living room to the system: partner with your child's school, handle disagreements respectfully, and advocate for inclusion in your community.

CARING FOR THE CAREGIVER

- ✓ **Caregiver Well-Being**
Build sustainable parenting habits, reduce burnout, and care for yourself while caring for others.
- ✓ **The Caregiver's Journey**
For the parent behind the parenting: grieving a diagnosis, adjusting expectations without lowering them, and building the village that carries you.
- ✓ **Disability Informed Parenting**
Adapt parenting strategies to meet the unique strengths, needs, and learning styles of children with disabilities.
- ✓ **For the Village**
A short session for relatives, babysitters, and family friends: how to actually help. Turn the people who love your child into people who can confidently care for your child.

GET
IN
TOUCH

☎ 1-720-725-1727
🌐 www.2villages.life
✉ carole@2villages.life
📷 [@2villages.life](https://www.instagram.com/2villages.life)

JOIN OUR MAILING LIST

Scan me

