



SUPPORTING THE DISABILITY AT HOME

6-WEEK INTERACTIVE WORKSHOP

The companion to SOLVE. SOLVE teaches you how to think about behavior; this series teaches you what to do at home, across the whole child and the whole family. Built for parents and caregivers of children with disabilities, taught from lived experience.

- **The Caregiver's Journey:** grieving a diagnosis, adjusting expectations, building your tribe
- **Supporting the Mind:** mental health, anxiety, masking & burnout
- **Supporting the Voice:** communication at every stage, including AAC and non-speaking supports
- **Supporting the Body:** bringing OT & PT goals into everyday routines
- **Opening Every Door:** exploring complementary supports safely
- **Supporting the Heart:** friendship and belonging through a neurodiversity lens
- **Supporting the Family:** siblings, fairness, and talking about disability



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